

## SAMPLE PROJECT

### #DesjardinsFoundation Prizes

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**!** Please pay special attention to your spelling and grammar, as your answers will be published as you enter them and will not be edited in any way.

This form cannot be saved. Please fill it out in full prior to submitting it. Make sure you have all the information and documents required on hand before submitting your project.

**Important! Once your form is submitted, you will not be able to make changes to it. Please review the contents and print out a copy if necessary before submitting it.**

### CONFIRMATION

#### PROJECT ELIGIBILITY

Is the project organized by a school or charitable organization?

**School**

Name of school or charitable organization:

**Sunnyside School**

Address of school or charitable organization:

**123, Main street**

City of school or charitable organization:

**Toronto**

Postal code of school or charitable organization:

**H1H 1H1**

Specify the name to which the cheque must be made out in the event your project is selected.

**Sunnyside School**

Charitable organization's Canada Revenue Agency registration number (for charitable organizations only):

**11111111RR1111**

Educational level of the students involved in the project:

**Elementary**

Project completion date:

**01-05-2019**

## CONTACT PERSON

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Name:

**Mike Smith**

Email address:

**fondation.desjardins@desjardins.com**

Phone number:

**514-281-7171**

Profession or role in the project submitted:

**Teacher**

## PROJECT DESCRIPTION

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Project name:

**Zen yoga at Tulip Gardens Elementary School!**

Describe the project by outlining where your idea came from, the project-related tasks to be carried out and the needs it meets (500 characters maximum).

**I want to organize a yoga class so my students can learn breathing and relaxation techniques. I've already got a space for this, but I would ask the kids to help me get the room ready and decorate it the way they like. At the end of the year, I'd like to give them all a little party so they could celebrate their yoga experience.**

Explain in what way young people are directly involved in the project and how it will motivate them to pursue their studies (500 characters maximum).

**I'd involve them by getting their help setting up and decorating the room. I really want them to feel that this is their school—a place to make friends. Plus, physical activity is part of a healthy lifestyle, which is one of the keys to kids doing well in school.**

How many young people do you expect to reach with the project?

**25**

Upload a creative, captivating image to represent the project (formats accepted: GIF, JPG and PNG, landscape oriented). It will be used to identify your project at the time of the vote. Remember that an image is worth a thousand words!

**yoga.jpg**

## PROJECT FINANCING

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Total cost of the project:

**\$2,000**

Financing obtained from other sources:

**Yes \$900 from the school**

How much financial assistance would you like to receive?

**\$1,100 (Note: *the amount requested must cover more than half the total cost of the project*).**

How will the amount be used?

**\$250 to decorate the space (craft supplies and paint)**

**\$450 for yoga equipment (mats and blocks)**

**\$400 to organize a party at the end of the year (decorations and healthy snacks)**

### **ADDITIONAL QUESTIONS**

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Project category:

**Health and well-being**

How did you hear about #DesjardinsFoundation Prizes?

**A teacher I work with gave me a promotional bookmark about it.**

Are there any comments you would like to make to Desjardins Foundation?

**Thanks very much for holding this contest!**