

SAMPLE PROJECT



Desjardins Foundation Prizes

Step 1 Project eligibility	Step 2 Contact person	Step 3 Project description	Step 4 Project financing	Step 5 Validation
---	---------------------------------	--------------------------------------	------------------------------------	-----------------------------

* Required fields

Please pay special attention to your spelling and grammar, as your answers will be published as you enter them and will not be edited in any way.

This form cannot be saved, Please fill out in full prior to submitting. Make sure you have all the information and documents required on hand before submitting your project

Warning! Once your application is submitted, you won't be able to make changes to it. Carefully review the contents before submitting it.

PROJECT ELIGIBILITY

The project is organized by a: **School**

Name of school or charity: **Sunnyside School**

Address: **123, Main street**

City: **Toronto**

Province : **Ontario**

Postal code: **H1H 1H1**

Who to make the cheque out to: **Sunnyside Elementary School**

Charity's Canada Revenue Agency registration number (for charitable organizations only) :
e.g. **11111111RR1111**

How did you heard about Desjardins Foundation Prizes:

A Desjardins Insurance Agent (Alberta, New Brunswick and Ontario only) ¹

¹ (For that answer, this question will appear) :

If your project is selected, your prize will be awarded by a Desjardins Insurance Agent from your community. Specify the name of the agent who referred you or is located closest to your school or charity. **Need help?** [Find a Desjardins Agent](#) Write the agent's name:

Educational level of the students involved in the project: **Elementary**

Project completion date (the requested amount must be used by December 31, 2021):

05-12-2021

CONTACT PERSON

Name: **Mike Smith**

Email address: **mike.smith@mikeschool.com**

Phone number: **613 281-7171**

Profession or role in the project: **Teacher**

PROJECT DESCRIPTION

Project name: **Zen yoga at Sunnyside Elementary School!**

Project description (objectives, brief description of steps involved, etc.):

I want to organize a yoga class so my students can learn breathing and relaxation techniques. I've already got a space for this, but I would ask the kids to help me get the room ready and decorate it the way they like. Students will also create a fact sheet to bring home to introduce family members to the benefits of breathing and relaxation techniques they have learned in class.

How young people will be directly involved in the project and motivated to stay in school:

I'd involve them by getting their help setting up and decorating the room. I really want them to feel that this is their school—a place to make friends. Plus, physical activity is part of a healthy lifestyle, which is one of the keys to kids doing well in school.

How many young people you expect to reach with the project: **85**

Image that represents the project (photo, logo or other type of image): **yoga.jpg**

PROJECT FINANCING

Amount of funding you would like to receive: **\$1,100**

Total cost of the project: **\$1,250**

How the amount will be used:

\$250 to decorate the space (craft supplies and paint)

\$500 for yoga equipment (mats and blocks)

\$200 for healthy snacks

\$150 to create a fact sheet to take home

ADDITIONAL QUESTIONS

Project category(ies):

Health and well-being

Improvements to the school environment

Comments for the Desjardins Foundation:

Thanks very much for holding this contest!