

Sporting a Strong Bill of Health

Regular practice of a sports activity is one way to ensure a strong bill of health. Several regions have invested in building the infrastructure necessary to provide the public with better sports facilities.

The first indoor soccer complex in the City of Lévis was built in 2007. Caisse Desjardins des Affluents contributed to this \$7-million public/private investment with a \$100,000 grant to help build the sports complex on the grounds of Les Etchemins high school in the city's Charny sector.

Caisse populaire Desjardins de la Seigneurie des Grondines also participated, along with local partners, in rebuilding a number of regional recreational infrastructures, located in the municipality of Notre-Dame-de-Montauban. The work was priced at more than \$100,000 and included renovating the arena, improving the winter slides and creating a park for windsurfers. Citizens of all ages in the Mékinac region will now have easy access to sports and recreation facilities.

In 2007, Caisse Desjardins de Verdun wanted to encourage people in its community to participate in sports activities. Its support for sports

programs was an invitation to amateur athletes of all ages to get moving and participate in local activities. The Caisse contributed over \$7,000 to a variety of local sporting events and associations, including the Verdun Triathlon, the Junior Dragon Boat team, Verdun's Amateurs de Baseball, and Verdun-LaSalle's Cobra Minor Hockey Association.

A multi-sports park will be inaugurated in 2009 in Princeville in the Bois-Francs region. This \$1,092,689 project will make it possible to practise all types of recreational and outdoor sports activities in the same place. Covering a total area of 74,500 m², the facility will include an all-season skating rink, parks, playing fields and a dozen sports fields for soccer, volleyball, softball and more. The plans also include three parking lots, including one exclusively for buses. Caisse Desjardins de L'Érable contributed \$30,000 towards the completion of this major regional project. **D**

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Since 2001, Desjardins has been the official presenter of the Jeux du Québec. In 2009, the cities of Blainville, Rosemère and Sainte-Thérèse will be hosting the finals of the 44th Winter Games. Beginning in the summer of 2010, the games will move to Gatineau and will become an annual event. The Jeux du Québec is a competitive program of multi-disciplinary sporting events. The regional component seeks to encourage the participation of as many athletes as possible, while the province-wide component focuses on the development of athletic excellence.

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